

Folio Sixty-One

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Anchoring Human Love ¹

*Whenever we experience the mutuality of human love,
What is truly happening deep within this love ...
What ANCHORS this love, Eternally ...
Is the Communing of Abba, Jesus Ascended, and Their Spirit
— The vitalizing fountain of all human love .*

*Whatever WE, in Christ initiate, within true human love
Takes its impulse
From the CO-INITIATING LOVE of the Father .
When human love calls for self-sacrifice
For its continued growth,
It arises
From the SELF-GIVING LOVE of Calvary's Jesus .
When human love draws people together,
And when the union of a loving couple
Gives birth to a child of love,
All share
In the INTEGRATING LOVE of the Spirit.*

*Thus, any open-hearted, compassionate lover of people ...
Any loving couple ...
Are never ultimately ALONE in their love
— The gracious overflowing love of the Trinity
Anchors these loves
In THEIR Own Life of Eternal Communing .*

*The Trinity's inexhaustible vitality,
THEIR boundless generosity,
THEIR incomparable desire for union
— To share all who THEY are —
Sees human love TREBLY blest ...
And immeasurably deepened .*

The Wellspring ¹

The wellspring

Of truly mutual relationships,

Of civic harmony,

Of Church unity,

Issues from the TRI-UNITY

Of Father, Son and Spirit :

— *“Abba, may they be one*

AS WE ARE ONE :

With me in them

And you in me” ²

... As “they maintain

THE UNITY OF THE SPIRIT,

In the bond of peace”. ³

1 Poem 1201, Year 16 of Prayer Ministry, Marian Valley retreat, May 2014, Eastertide .

2 Jn 17:22,23 3 Eph 4:3 (N.R.S.V.)

All He Is, All He Loves ¹

Abba

*Expresses Himself, in His Incarnate Word,
And communicates Their Love, in the Spirit .*

*Yes, Abba limitlessly loves to share with us
... What is most expressive of the Divine Identity*

— Jesus, Crucified, Risen, and Ascended !

*... And what is most intimate in Their Divine Life
— Their Spirit of Communing Love !*

Ought we not share, then,

With Abba :

*... All of our human identity, our human aspirations,
Through Jesus, now enfleshed within the Divinity ?*

*... And share all our human expressions of love and communing
Through Their Spirit, who experiences EVERY movement
Of the human heart ?*

An Ever-Attentive Compassion ¹

*Loving Father open our eyes, our hearts,
To the needs of our brothers and sisters .*

Inspire in us

An ever-attentive compassion

To comfort those who labour and are over-burdened,

To honour those with low self-worth,

And to be ever-inclusive and warm-hearted to all .

¹ Poem 1203, Year 16 of Prayer Ministry, Marian Valley retreat, May 2014, Eastertide.

NOTE: Author's prayer at daily Eucharist .

Guiding Us How to Relate ¹

It is only through the enabling of the Spirit,

And, solely through the Spirit's power,

That we are able to act

In the way Jesus acted .

While Jesus relates to us, IN the Spirit, and only thus

... We, can do no less :

Drawn by the Father, into a relationship with Jesus,

Ours it is, to be open and sensitive

To the Spirit's promptings

... As it is His special graces

— And His alone —

That guide each of us on HOW TO RELATE

As Jesus,

And IN Him, on how to relate TOGETHER .

A Father's Nurturing ¹

*Our nurturing another in love
Is a deep human expression
Of Abba's fathering love .
Such nurturing love is nourished
By His Son's Eucharistic sacrifice ...
Through the constantly renewed Gift
Of that Creative Spirit,
Who " knows the deep things of God", ²
And who integrates, wondrously,
The fathering love of Abba,
And the filial fondness of Jesus Ascended .
Yes ! How the Spirit loves to enable OUR nurturing !*

¹ Poem 1205, Year 16 of Prayer Ministry, Wooloowin Community, May 2014, Eastertide .

² 1Cor 2:11

God So Loves the World ¹

*Abba truly loves every facet of this world of ours,
And is love-struck by every detail of our humanity :*

“ God so loves the world

— As to give His only Son !” ²

Through Jesus, Abba absolutely identifies with us

And with our world .

Enfleshed in our humanity,

Jesus personally participates in the evolution of creation,

And, in a special way, in the evolution of human destiny .

Abba’s empathy with Jesus

Climaxes in the Paschal Mystery :

Abba is so enamoured by humanity’s ASCENT

Into His Embrace — IN Jesus Ascended —

That Jesus’ very BODY

Is TRANSFORMED

... Becoming inclusive of all humanity

And, by extension, of all Creation

— Cosmically transfigured, with DIVINE BEAUTY !

What Love !

¹ Poem 1206, Year 16 of Prayer Ministry, Woolloowin Community, May 2014, Eastertide .

² Jn 3:16

Love Empowers : Evil Disempowers ¹

'The Cross is where evil is most OBVIOUS': ²

Where evil crucifies the very Son of Love,

Where evil seems triumphant

... Its victory apparently decisive,

... Its dominance, unchallenged !

Yet, in this moment of exultant hubris,

It is the Son of Love's

Depthless trust in Abba,

That unmaskes evil

— AS EMPTINESS !

His trust reveals evil's victory, as a SHAM

— As a hollow display of deception,

— As a self-generated affirmation of dominance

— As an excess of self-admiration !

How exactly is evil undone ?

Through love .

Divine love .

Abba's love DISEMPOWERS EVIL

Through empowering Jesus INTO LIFE !

At the same time, evil's display of superficial, overwhelming power

Collapses —

Into the stark emptiness within

... Disempowering its promoters

— Their only 'inheritance', STERILITY,

And ultimately, therefore DEATH!

Their spirits shrivelled ...

Their humanity diminished ...

They become hardened, lifeless husks

Of human beings .

1 Poem 1207, Year 16 of Prayer Ministry, Woolloowin Community, May 2014, Eastertide .

2 Father Anthony Kelly .

Watchful in Prayer ¹

*To be watchful in prayer
Is to be ready to respond
To the Spirit's promptings
... To open one's heart in faith
To invitations to peace-filled service .
Yet, it's through the gateways
Of vulnerability and suffering
That we come to experience this peace
— As the peace of a Resurrected heart
... Recognizable, in these pilgrim times,
As a Eucharistic heart .*

Empowered by Other's Love ¹

*Satan prefers self-empowerment,
To being empowered by others' love ;
So does the hyper-individual of today .
Theirs is a fundamental choice :
Either, of self OVER others
... And ultimately, over The Other ...
Or, allowing one's identity
To be sculptured by the needs of others,
And to be nurtured by their love
... To be nurtured by the Divine Other's Love .*

Celibates, for the Kingdom ¹

Anyone gifted with celibacy FOR THE KINGDOM

... Is chosen as a life-companion to Jesus,

... Invited to love as He loved,

... And to co-suffer with others as He did,

— So as to become a vivifying expression of Christ

ALIVE, in our world !

WITH the innocent Lamb, who was slain for us ...

Celibates for the Kingdom, sacrifice themselves

To live innocence anew .

They are able to radiate Jesus' new Ascended identity and destiny

... As the One in whom Abba Delights !

... As the One who lights up Abba's dancing eyes

— ALIVE, with the Spirit

Of humanity's new springtime !

Servants, for the Kingdom ¹

*All those who carry out the Father's desires ...
Who are responsive to the Spirit's prompting ...
Who keep Jesus' Commandment, to love as He did ...
Become clear true expressions of Christ ...
Who "does all my Father tells me".* ²

*Thus, any such servants for the Kingdom,
Prefer Abba's thinking and choices, to their own
... And come to share in Jesus' Paschal EXPERIENCE*

*— Delighting in the Communion
Of the Divine with the human,
Of Father with Son
... With the Son of our earth !*

¹ Poem 1211, Year 16 of Prayer Ministry, Woolloowin Community, Ascension Week, June 2014 - Eastertide.

² Jn 14:31

Poor, for the Kingdom ¹

Because the poor are the blessed of the Kingdom ...

Those who are chosen to be poor, FOR THE KINGDOM,

Are to be humble, simple expressions of Christ

... Who made Himself poor FOR US .

In following Jesus, even into the ultimate poverty of death,

These poor ones of the Kingdom are Paschally ENRICHED

... When, as sharers in the Ascended Jesus' surrender to Abba,

Being EMPTIED, IN HIM, totally of their humanity,

They receive the Gift of the Spirit of Glory, WITH HIM

— And, thus co-experience His Divinity !

Light unto light : life unto Life ¹

I

*Our story, as a people,
Is the story of LIGHT encompassing us .
It begins not with the dawn of humanity,
But with the universe's conception
In the heart of God .*

*There, light
— In its infinitesimal origin
As a wholly brilliant point of light —
Began its journey into OUR hearts !
It accomplishes this by creating its own ' vehicle'
— Forever sculpting a SPACE-TIME continuum —
And by illuminating THIS numinous outreach with starlit wonders
— It is able to travel to us !
To win our hearts,
And to render them transparent to the LIGHT,
LIGHT ensured that created light, could reach
EVERYWHERE !
— Precisely by CREATING its own space-time to travel in !*

This light did not explode - leaving some of itself behind,

And allowing its periphery to career INTO space .

Rather, this light itself was STRETCHED, three dimensionally

— Becoming EVER-CREATIVE

Of the ever-new perimeter of the SPACE-TIME continuum .

A key effect is that all distance in space, is measureable in ‘light-time’ :

That is, in terms of the distance light travels in an earth-year !

A much more encompassing effect,

Is that light wondrously carries with it, its VERY OWN BLUEPRINT

... Revealing all the information needed FOR US ... to discover

Its nature, its origin

And the history of its unfolding !

Fundamentally, light’s finite speed ... the ‘speed limit’ of the universe

— Dazzling as it is, at 3,000,000k per second —

Opens a trustworthy window

Into the space-time continuum

— Both into its FUTURE, currently being created,

And into its PAST, which is also OUR PAST

... For we are but the enspirited dust of the stars,

Which themselves are the materialized effects of light !

*Thus, for us to view star-light,
Is both to gaze into OUR future,
And to look back in time at OUR past
... All, in the present !*

*We do this — not by way of imagination,
But by way of physical immediacy :*

*The actual light entering our telescopes, and thus our BRAINS
Is light that is, variously ...*

*1.5 million years, 1.5 billion years, or even 10 or more billion YEARS OLD
— ‘OLD’, because of its ever-more-distant, and thus earlier, origins .*

*Yet this light can be simultaneously physically PRESENT, inside us
— As an ‘inverted’ stream of imagery in our brains !*

As for the future ...

*The dim, mostly reflected light emanating from our present planet earth
— Bearing the planet’s unique light-signature —
Will be recapturable, by others ‘elsewhere’,
In the near or distant future !*

The most distant, and thus earliest, of all VISIBLE light

Registers on our retinas

From 200 million years AFTER 'the Big Bang',

From 13.4×10 billion, trillion kilometres away !

That is, from 13.4 billion light years away !

We are INTERACTING with something, NOW,

That is stunningly 13.4 billion years OLD !

In a real, truly personal way,

We can thus be PARTICIPANTS in the universe's ORIGIN,

In touch with the HOME of light !

From God's transcending perspective ...

God's the One Who is the ORIGIN of light

Who seeks to encompass us, AS LIGHT,

Not just THROUGH light .

This is evidenced

When WITHIN LIGHT, light's infinitesimal POINT OF ORIGIN

Appeared ... IN SPACE-TIME

Wondrously, THAT space-time has been STRETCHED

... To this very moment ... and to the leading edge of the universe !

Thus, the Big Bang STILL continues EVERYWHERE !

The universe's light still issues from LIGHT

... As in the beginning !

Our origins are not remote, but every PRESENT !

Thus, ALL intervals of space-time

Can for us, impact together

— *The THENS of earlier epochs, can lodge within our brains, NOW !*

Thus we are, in a most real sense, REALLY OR POTENTIALLY

Connected to every galaxy, every star,

THROUGH light ITSELF

— *Even, to every light-retentive ‘black hole’ !*

This latter is accessible in two ways —

Through light’s NON-visible wavelengths ;

And also because a black hole’s massive gravity

Bends light-waves themselves ... so its location, can deduced !

This is so because the MASS of every individuated object in the universe

... From gargantuan stars, through small comets, to grains of sand, to atoms

CURVES THE FABRIC of space-time in its vicinity .

Just as a shot putt curves a suspended net that it rolls across,

So too does a black hole curve space-time,

... Doing so, to an extreme degree !

This is because, as a super-dense collapsed star,

It curves the fabric of space-time, and thus light, WHOLLY

— *To ENCLOSE ALL within itself*

Allowing very little to escape ... other than some non-visible radiation ripples !

*Still BEYOND this ‘sink-hole’ of imprisoned space-time and light,
The ‘neighbouring’ space-time fabric and its accompanying light
Are also BENT, and thus we can locate
The black hole, by this effect !*

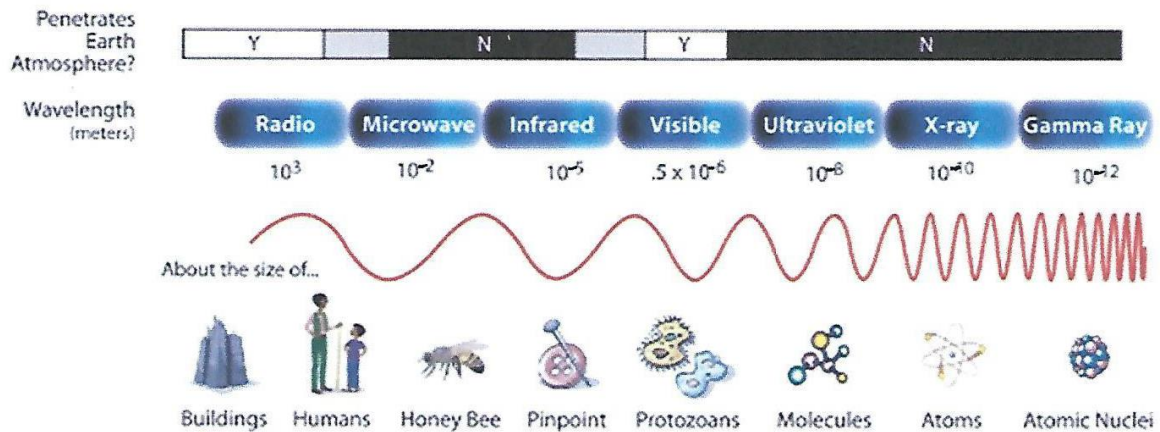
*While we are engaged ... delight by delight ... with such cosmic wonders,
Created light’s personified Origin, LIGHT,
Engages us, unites us — through awe and wonder —
To return to OUR origin, within LIGHT
... Drawing us into Communion
— So we can enter into the full possession
Of WHO we already are
— Children of LIGHT !*

11

*The initiating spark of our wonderment,
Is that Light itself ‘CREATES’ OUR WORLD :
*Firstly, Light’s very nature, is to move beyond itself
To share its very self ;
And in so ‘expanding’,
Is ever ‘creating’ the space-time continuum
... With the ‘stretching’ itself, CONSTITUTING the ‘creating’!*

**Light also, as the enabling radiance of God’s power - energizes our world
... In the creative interplay of its visible and non-visible wavelengths !
While infra-red radiation, the ‘rainbow’ of visible light, and ultra-violet radiation
CENTER light’s spectrum, (See Diagram page 7)
... Low-energy radio and micro-wave radiation on one wing
... Are ‘balanced’ by high-energy x-rays and gamma radiation on the other .*

LIGHT'S SPECTRUM : VISIBLE AND NON-VISIBLE



**Light, again as energy, is creative of MATTER ITSELF :*

Within a scintillating ocean of sub-atomic, luminous 'cousins' of light

Which both REPEL and UNITE, in swirls of photons and other emanations

... Counter pointed, at times, by anti-matter and dark matter !

Marvellously, up to molecular level, these micro constituents ... repelling or fusing ...

RADIATE LIGHT through a plethora of wavelengths !

And so, from Einstein's $E = mc^2$... $m = E/C^2$ emerges

... Just as mysteriously !

Light, in moving beyond this sub-atomic world, to the atomic level,

Also CREATIVELY ENABLES matter to SPLIT and then CO-HERE

— Producing constituent ELEMENTS, and later molecules .

The key instruments employed by light, here, are ELECTRONS

... Which, through the wonders of quantum mechanics and probabilities,

Constantly generate new atomic photon LIGHT-SCAPES !

Light cosmically is thus EVER-CREATIVE of ALL this world's CHEMICAL elements !

*Working within the cosmic cauldrons of the innards of stars,
Light enables chemicals, in these furnaces of nuclear fission and fusion*

— Beginning with primal hydrogen —

*Both to combine, and constantly differentiate themselves,
Into heavier and heavier elements .*

Then, less fiery furnaces facilitate the creation of chemical compounds,

Until, even at below room temperature,

Weddings of different compounds and elements

Continue to fashion new chemicals

... Inorganically or bio-chemically

— All creations of the interplay of light's wavelengths !

Light also, in its VISIBLE wavelengths, creatively ILLUMINATES its own world,

— Evident, ONLY AFTER the first 200 million years of titanic ferment

Of light's contending non-visible wavelengths .

Without this lighting-up of our world, then, now, and continuingly,

Humankind would almost surely perish in an endless night .

Darkness itself, ultimately kills all living forms .

THUS VISIBLE LIGHT, CREATES A VEHICLE for some of its non-visible cousins

... To hitch a ride on its long distance beams !

Light also, is primordially CREATIVE OF LIFE

— *Most probably, through its non-visible wavelengths INITIATING LIFE in matter ;*

Thereafter, its differing wavelengths GUIDE LIFE'S EVOLUTION

... Enhancing it, at critical turning points

— *So as to TRANSFORM LIFE*

Into more complex, versatile, and capable forms,

Until, ultimately, human life can relate

SPIRITUALLY

... That is, to that which is NOT MATTER

— *Both through, and to, the mysterious Author of Light itself !*

Light also, is CREATIVE OF LIGHT-RESPONSIVENESS in most life-forms !

Initially, light SENSITIZES specific plant and animal cells

... Both to CAPTURE,

And then, to RESPOND TO light .

With plants, light combines with chlorophyll DIRECTLY

— *Down through miniscule columns open to a light source —*

To produce both plant food chemicals,

And that biological lynchpin ... oxygen

... Itself necessary to advance evolution ... to its ultimate superlative use, in the human brain !

Also, with animals, light combines DIRECTLY with skin molecules

To produce the essential vitamin D .

Moreover, in a particularly empowering synthesis,

Light ENTICES buried seeds to break open,

And TO GROW TOWARDS the light

... Out of their earthly tombs .

MOST CREATIVE OF ALL, is light's specific role in the WONDER OF SIGHT ;
May be, this was designed, for the DIGNITY of humankind
Who — “ made in the image and likeness” ²
Of “ that true Light which, enlightening everyone, has come into the world” — ³
Amazingly “ have the Light of this world, to see by”! ⁴

Light, in generating the light-responsive cellular capacity in animals,
... Precisely to bring about the marvel of sight ...
Enables them PROGRESSIVELY, over millions of years —
To differentiate ... to focus ... to gain perspective ... to track movement ...
And, especially to DIRECT their own movements ...
Thereby boosting their agility, versatility, and evolutionary advantage !
Thus, Light's gift of sight
Especially advances animal COMMUNICATION skills
—Thereby accelerating both GROUP formation,
With all its superlative advantages,
And, ironically, specialisation .

For humankind, sight is the CREATIVE KEY ... to its attaining
Stunningly elevated levels of communication skills .
Alone of the animals, humanity can INTERNALIZE SIGHT, through imagery, and beyond
— In the most significant way ... AS UNDERSTANDING AND WISDOM
— Becoming truly ENLIGHTENED people !
Coupled with this, light in its most direct and obvious way,
Enables us TO READ .
This singular advance ACCELERATES human capacity
On an almost unlimited scale
— To SHARE ideas, to ACCUMULATE knowledge, and to STIMULATE AND ORGANIZE SOCIETY !

*Even surpassing all of this CREATIVITY,
Is light's unique enabling us TO BEHOLD THE BEAUTIFUL
Where, the use of light itself, becomes a STIMULUS AND VEHICLE 'artistically'.
This PERCEPTION of the beauty of others ... ENHANCES ATTRACTION, and thus LOVE,
Ultimately, this enables us to behold the transcendently beautiful
The Loving Face of Light itself!*

*Lastly, Light is CREATIVE ... through COLOUR,
Because, as visible light reveals its rainbow spectrum,
It COLOURS not only our world,
But our imaginations, and our very spirits!
It enhances all sighted creatures' capacity —
To attract, to communicate, to highlight, to discriminate ... even to repel.
It vastly expands the pleasure and variety within animal lives
— In particular, setting the human imagination on fire!
Overall, colour beautifies and delights
— Moving us to excitement and wonder ... even love,
Enhancing us, emotionally and spiritually!*

111

*Keen to reveal itself to humanity,
The light, arriving from any star or galaxy,
Can be easily analysed through spectroscopes
— Precisely because the universe's light-generated chemical elements and compounds
Each characteristically 'burns' with a unique colour.
These colours accurately map each light-source's CHEMICAL COMPOSITION
... And thus, its cosmological history, and evolutionary status!*

*Ultra-deep-field telescope scans, again linked to spectroscopes,
Reveal that the most distant, and thus the oldest, galaxies
Are, crucially, located in the red end of the spectrum
— Proving, they are ACCELERATING AWAY from the centre
... Thus confirming the universe is STILL EXPANDING !*

Thus light

*— Across unfathomable distances and mystifying eons of time —
Still communicates WITH US
... About the VASTNESS of its realm !
BEYOND this space-time continuum, as of now,
There is NO space, NO registering of time
... Only emptiness, timelessness — and darkness !*

*In the same way, more complex instrumentation,
By utilizing light's NON-VISIBLE wavelengths,
Can paint a more comprehensive, and more fascinating cosmic picture .*

*So, we are left, marvelling at a universe,
That is expanding — BEING STRETCHED — at near the speed of light !
Its utter immensity ... of a calculated 100 billion galaxies ...
EACH PULSING, with up to 200 billion stars*

— As does our Milky Way —

*Staggers our minds ! Overwhelms our imagination !
And thrills our spirit !*

Thus light itself

— In a marvellous, self-revealing myriad of ways —

Carries with it, its own character and story

... And, its own DESTINY !

At the same time, it is the guidance system for its own evolution !

And wondrously, it reveals itself, as the INTEGRATING reality ...

Between its roles as the Alpha and Omega of our universe !

1V

Light, so wondrous NOW ,

Was equally wondrous from its first nano-seconds onwards :

From that first sub-atomic point of light

— The God Point of Light —

There were, in the micro-field surrounding it

Infinitesimal VARIATIONS to its general evenness .

In this infinitesimal ‘ universe’,

These were less dense, or more dense areas

— Exotically termed ‘ quantum fluctuations’ today .

There were ‘ ripples’ in this miniscule field of light-energy .

Still, they resulted in ultra-micro SWIRLS appearing .

The centres of these swirls, in time,

Seeded the suggestion of infinitesimal matter

Which, within the graciousness of stretched-out space-time,

Seeded the first gaseous globules, within primordial clouds

... And ultimately — through gravity and ever increasing densities — the first stars !

Thus our universe, like the Kingdom of God,

Has a ‘ mustard seed’ origin — only infinitesimally smaller !

*While light has self-revealed to us,
The fact that, for the first 200 million years or so,
NO VISIBLE light was evident ...
There was an ocean of NON-VISIBLE light ! (see diagram p.7)
This spanned the electro-magnetic spectrum from radio and micro waves,
Through infra-red and ultra-violet radiation, to x-ray and gamma radiation .
While infra-red, though dominant early, faded away in time,
Right from the universe's very origin ...
A surging sea of micro-wave transmissions SURVIVED,
Which has persisted over the whole 13.6 billion years' span of the universe !
Today, this light-form makes its non-visible presence clearly felt
— Most accessibly THROUGH
The 1% of irremovable background static, on our domestic radios !
Thus, the very beginnings of light, and of our universe,
Are discernible to any amateur, TODAY
— As cosmic micro-wave background
— And will be so, into the future !*

*If our eyes could SEE this background primordial static,
— And how it SATURATES our atmosphere, day and night, indoors and outdoors —
They would behold a wonderfully luminous, primal light,
Setting our world ablaze with its remnant luminescence,
And entertaining us with a glorious spectacle !*

*Then 200 million years on, from visible light's origin,
The congregating masses of mostly gaseous matter
— Orchestrated by mutually attractive gravitational impulses —
Reached critical densities and fusion points .
Suddenly some nuclei, forced together, explode titanically ...
In literally, SUNBURSTS of glorious visible light,
Radiantly lighting up the then universe
... That until that point,
Was a broody, glowering, seemingly directionless entity .*

*And just as this light FIRST showed its face
— Bathing a 'small' universe with light —
So its star-fed brilliance continued
... Ever-gaining in variety, extent, and intensity .
Star, after star, after star ... BURST into light !
Shadowy, swirling galaxies were gradually set ABLAZE
... With thousands ... then millions ... then billions more stars
Spangling within their newly dazzling arms !
As eons roll by ...
In this UNFOLDING, cosmic Drama of Light,
'Old' stars, massively enlarged, balloon into 'red giants',
To ultimately COLLAPSE into neutron stars
— With their riotous, ruinous super-brilliant aftermath, of supernovas,
Lighting up whole sectors of the universe
Like semi-permanent LIGHTNING !*

*Elsewhere, at other times, on a surpassingly vaster scale,
Some WHOLE GALAXIES, those cosmic cartwheels of light,
Tighten, and tighten, constricting into an ever denser centre*

— Intensifying brilliance into ultra-brilliance !

And in the voracious vicinity of its super-gravitational centre,

Stars consume each other !

Cores fuse !

... Until masses of matter ‘beyond gargantuan’, crush ever inwards,

Until densities, already stupendous, increase exponentially

... To the point, where the WHOLE

Collapses into BLACK HOLES !

Here, visible light itself is held prisoner by gravity

— Unable to escape, unable to radiate !

Indeed, gravity CURVES the very fabric of space-time, and thus of light ...

UTTERLY — wholly closing in on itself !

Then, as these black holes multiply within a galaxy’s core,

The energy quotient climbs,

The whirring speed of its arms increases,

... Until the light of the galaxy-as-a-whole

Stunningly increases !

Across the universe the startling and varied array

Of light’s fiery stellar nuclear FURNACES

Continues to forge ever-heavier, denser cores

Which themselves generate new heavier chemical ELEMENTS

... And then later, create ever more complex chemical COMPOUNDS .

Then, 9.4 billion years after light's origin
The cosmos gives birth to our star — THE SUN
Thus with the sun centering our solar system,
The once distant, dim starlight gave way to brilliant local SUNLIGHT :
As, for the first time, our sun DAWNED over earth's orb !

We simply marvel —
As our local 'LIGHT' still reveals its wonders :
... How there are nearly ONE MILLION EARTHS, by volume,
Inside our sun !
... How our sun is so dense that the speed of light itself
Is slowed very significantly within it
— Taking 2000,000 years for light at the core
To radiate out to the sun's surface !
... Yet taking a mere 8 minutes to travel, from its surface to earth,
A journey of 150 million kilometres !

Another 3.5 billion years on, from the launch of our solar system
Is slowed very significantly within it
— 3.5 billion years of tectonic, geological and chemical changes —
The very simplest LIFE-FORMS have emerged
... Most probably, from the wedding
Of NON-VISIBLE LIGHT wavelengths, with amino acids

*Then a ‘mere’ 500 million years ago,
The BIOLOGICAL BIG BANG occurred
— With the emergence and sudden proliferation
Of complex multi-cellular life forms .
Here, also, light plays a central and integral role
... Through initiating the rapid evolution of light-detecting cells .
Such primitive ‘eyes’ triggered the Cambrian explosion of life
— Primarily by making DIRECTED MOVEMENT possible,
And thus, ensuring a whole cascade of consequences —
From prompting increasing complexities in limbs and organs,
To generating the need for SOCIAL organisations and hierarchies .
Then, with the emergence of fully-sighted animals,
Light enticed creatures, like us,
To develop blue, green, and brown eyes, besides black,
... To unlock the potentialities of the magical world of colour
Where versatility and variety truly accelerate evolution !*

V

*Our very knowledge of the impacts of light
Is, fittingly, measured in terms of light itself :
Knowing that light travels 10 TRILLION kilometres each earth-year
— Giving us the space-time measure of a ‘light-year’ —
And knowing Andromeda, our nearest galaxy,
Is a stunning 25 million kilometres away
... We come to realize, that we are gazing at Andromeda
AS IT WAS, 2.5 million years ago !
Then, our hominid ancestor, Homo Habilis, roamed the Rift Valley !
How keen light is, to contact us
To draw us to itself, to shape us, to instruct us !*

*Yet wondrously surpassing all this,
Is humanity's capability
— Through utilizing ultra-deep-field scans —
To gaze NOW, at the visible light of galaxies,
... Not just from 2.5 million years ago, but from 13.4 billion years ago !
This is easily 3 times the age of earth's 4 billion years !
This very light enters OUR BRAINS via telescopes ...
From an unfathomable 13.4 billion trillion kilometres away
— Or, more comfortingly, from 13.4 billion light-years away !
Wondrously, if we extend this by .2 billion (or two million light years,)
Our minds are back before the first visible light to the Big Bang itself !*

V1

*Thus, truly, our story is the story of light .
It begins, in love, with the Father of Light
And an infinitesimal point of light
— The God-Point .
At the level of nature,
Humanity is drawn, inexorably, by light,
Back to humanity's REAL beginnings
— To the Origin of light !
Or, alternatively, light makes its presence FELT, within us,
Across eons of time,
And light-years of distance !
It does this in a palpable, real way,
Impacting directly on our person ...
— Inviting us, into communion
With our 'light-source' ... LIGHT
— 'Enlightened' by new thinking, and alive with wonder !*

Thus, ours is a story on both natural and spiritual levels :

Of Divine Light sharing with us ...

So that we might SHARE OUR LIVES

With the Light of light !

Who is the Life of life !

Firstly, at the level of nature,

Light INITIATES LIFE in all forms

... Drawing life, both from the sun, and from the earth,

To care for, to elevate, and to enhance our humanity

— Even to ENLIGHTENING us with thinking,

And to ENABLING us to ‘ behold’, and love ...

The beautiful in others,

And to SENSE ... still WHOLLY from all that is naturally beautiful ...

The God of all beauty !

Then at the level of spirit

The “ Father of Light” ⁵

Sends His Son, “ the Light of the world”, ⁶

To those who are OPENED TO RECEIVE HIM through the grace of the Spirit of Light .

The Father of Light draws hearts, faithful to His Son, TOGETHER

... To Communion IN the Son .

For His part, the world’s Light

Invites us quite literally, to ‘ PERSONIFY’ Him :

“ You are the light of the world. ...

Let YOUR light shine before others”. ⁷

Further, on this level of the spiritual
The Father of Light
Graces us, wholly and freely —
With the very Life of the Son of Light !
Thus, with Paschal hearts, transparent to His Risen Light
... With Eucharistic awe ...
We are graced to IDENTIFY with Him, as He proclaims
“I am the Light of the world :
Anyone who follows me ...
Will have the Light of Life”⁸
... ‘Wholly surpassing the light of life that you experience, naturally’.

So what begins with the ‘Son of Light’...
Drawing us out of the darkness of our inhumanities,
Ends with our DELIGHTING in the transformative Light of Love
... As we are led by the Spirit,
Into the warmth
Of the Fellowship of Loving Light,
As “children of the Light”!⁹

1 Poem 1213, Year 16 of Prayer Ministry, Woolloowin Community, 8th June 2014, Pentecost Sunday :

This poem, began on Easter Sunday, took all of Eastertide to compose.

2 Gn 1:26 3 Jn 1:9 4 Jn 11:9 5 Jn 1:5 6 Jn 8:12 7 Mt 5:15,16 8 Jn 8:12 (N.R.S.V.) 9 Cf
Eph 5:8

Ever Closer to the Spring of Life ¹

O Abba,
When STILLED within
... Through the grace of Your peace...
We're aware again of Your gentle Presence,
Until ... at Your Word,
His Life quivers into being, within, revitalizing us
... As Your Spirit
Stirs the waters of our spirits .

As the ripples of Christ's intimacy and empathy
Within us, radiate out
The Spirit moves us into others' lives
... To attract THEM
Ever closer to this Spring of Life
— Within our hearts, all centered in Christ's ,
O Loving Abba .

O Abba, may the daily Life of Your peace-filled grace
Wash through all our spirits
... Refreshing, re-energizing, renewing us,
Moving us
With an urge to live
... Constantly BEYOND OURSELVES, SELFLESSLY ...
Through the Spirit of Transcendence .

Centering All Our Living ¹

*When life begins to seem purposeless,
Or life's demands just seem 'all too much'.
Or OUR contribution seems simply miniscule,
It's good to call to mind ...
That the EUCHARISTIC Jesus
CENTERS all our living :
— That everything truly makes sense
If we ALLOW the Paschal Jesus
To be the Centre
Around which, all revolves ;
— That the Companion we need
... In this place ... at this time
... In this relationship ... in this group ...
Is always the EUCHARISTIC Jesus .*

This can be —

*Either the Gethsemene Jesus ... deeply troubled, even 'crushed' by sin,
Or Calvary's Jesus ... self-sacrificing, and in agony at the hands of others,
Or the resilient, uplifting, deeply joyful and wholly inclusive Risen Jesus,
Or that source of our new ASCENDANT humanity, Jesus Ascended,
Wholly at home ... within the loving arms of Abba,
Or the silent, contemplative Jesus ...
Who is so welcoming of Abba's Gift of the Spirit of Communing,
And so open-hearted in sharing this Spirit of Love ...
With us, His brothers and sisters .*

*Truly, there will always be at least ONE FACE
Of this Eucharistic Jesus,
That completely CENTERS our present situation
— “I will be WITH you ALWAYS”.²*

¹ Poem 1215, Year 16 of Prayer Ministry, Woolloowin Community, 22 June, 2014, Corpus Christi Sunday.

² Mt 28¹¹

To Humanly Love Like God, in Jesus ¹

To receive the GIFT of CONTEMPLATION is -

To listen, heart open, to the Spirit's murmurs,

To resonate, mind open, to the whispers of the Word,

And to let these murmurs of your heart,

These whispers of your mind

... Become your prayer,

With or without words .

It is to let this interchange ...

Between your spirit and the Spirit of Love,

Subside to simple communing

... To a resting in Abba's arms .

If Abba so desires ...

Let yourself be transformed

By this grace of communing,

Into the Paschal Jesus' En-Spiriting .

To have His Paschal Spirit, within,

Challenges us to re-vivify our living, our choices,

To humanly love like God, in Jesus ...

Sacrificing oneself, for those who reject love .

Thus, to be receptive of the grace of contemplation,

Is to be DRAWN INTO the Paschal Mystery

... To be re-fashioned there, as Jesus was,

And to invite others, to co-experience this .

To Brother and Sister Others ¹

*To be brother or sister to those around us
— Including our parents and our children —
Is the essence of being a Christian
Because, IN the Ascended Jesus,
We are ALL brothers and sisters Eternal
— Bound to others, in the Trinity of Love .*

*We do this, by indwelling the spirits
Of all ‘family’ members,
Gathered together, IN Christ Jesus
... Through the grace of Church !*

*To ‘brother’ our parents ...
To ‘sister’ our children ...
Is to share in that DIVINE EQUALITY
Of adopted members
Of the Family of God !*

To Contemplate Together ¹

To be on RETREAT together ...

To contemplate together ...

Is to journey with my brothers and sisters,

To be enlightened and empowered, together,

To be one with the growth and rhythms

Of the seasons of the heart, in others,

Through the pulsing of the Spirit within US!

To contemplate together is to DEEPEN

Our communal Paschal identity :

It to be one-in-mindfulness, IN Christ Risen,

One as brothers and sisters

... Through the INCORPORATION

Of our very persons

Into His !

To Be Vowed Brothers and Sisters Together ¹

To be vowed brothers and sisters together,

Is to be chaste together,

To be poor in spirit together,

To be obedient together .

To be chaste together

Is to be, IN Christ,

Single-minded and open-hearted in our love of Abba

... Wedded to Christ in the Spirit of Sacrificial Love .

To be poor in spirit together

Is to be poor like the poor Christ :

... WHOLLY OPEN to Abba's Presence

... WHOLLY GIVING of one's self to Abba

... And of one heart with His poor .

To be obedient together

... Is to be responsive in mind, heart and spirit

To Abba's desires, like Jesus

... To listen always to the promptings of the Spirit,

And to see God in everyone and everything,

Like Jesus did .

